

How to Wash Your Hands



1.

Turn on warm water and get your hands wet. Take your hands out of the water and put some soap on your hands.



2.

With your hands out of the water, scrub them together while counting to 20 or singing "Happy Birthday" twice.



3.

Rinse your hands under water to get all the soap and dirt off. Make sure to leave the water on.



4.

Dry your hands with a paper towel. Turn off the water using a paper towel so you don't get germs back on your nice clean hands!